

Children, young people and families' voices on healthcare across LLR: Report of Findings

Leicester City Health and Wellbeing Board December 2025



Children's Young People and Families Engagement

A proud partner in the:



**Leicester, Leicestershire
and Rutland**
Health and Wellbeing Partnership

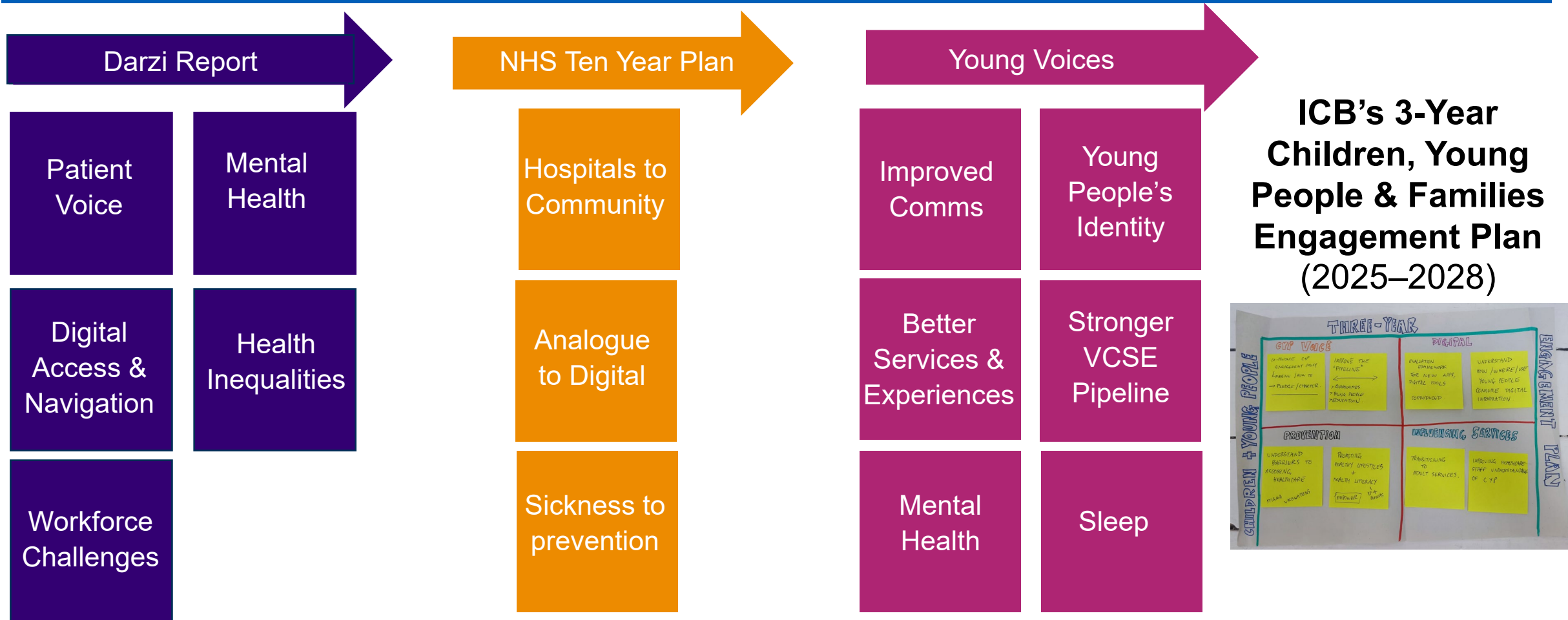
Recap: 'What You Saying?' Young Voices on Healthcare

- Over 3,000 voices heard – including young people, parents/carers, and healthcare professionals across Leicester, Leicestershire & Rutland.
- Insight from **What You Saying?** was combined with findings from the **Darzi Report** and the **NHS 10 Year Plan**.
- Together, these shaped the creation of **LLR ICB's 3-Year Children, Young People & Families Engagement Plan (2025–2028)**.

The plan sets out how the voices of children, young people, and families will shape local health and care services.



The cross over of local voices, and national direction.



Delivery Priorities for the next three years

Delivery Priorities over the next 3 years			
CYPF Voices	Digital	Prevention	Influencing Health and Social Care
Co-produced CYP Engagement Policy.	Young people's views on digital and AI in healthcare	Understanding barriers to accessing healthcare – E.g vaccinations, stigma etc.	Improving services, including: <ul style="list-style-type: none"> Transitioning to adult services – both Mental Health and Physical.
Improving CYP insight on the ICB's Insight and Behaviour Hub.	Coproduction: <ul style="list-style-type: none"> Evaluation framework of digital apps and tools. Design and pilot digital services, apps, websites. 	How health inequalities are impacting on CYPF and their health outcomes.	NHS CYP Voice and participation Network. – LPT, UHL, ICB, VCSE – once a quarter. Chaired by senior figure.
Improve our pipeline with VCSE Alliance and local partners, including Education.	Understanding how young people consume digital information which can inform our communication and engagement strategy.	Promoting healthy lifestyles and health literacy. <ul style="list-style-type: none"> Sleep. Mental and physical wellbeing. 	Improving healthcare staffs CYP understanding – Listening, gender identity, stigma.

Work currently taking place

Prevention	Building CYP Voice Capacity	Improving Service
Health webinar for parents/carers <ul style="list-style-type: none">Sleep, Screen Demic, Asthma, Dealing with anxiety at school	Lundy Training for schools taking part in the Partnerships for Inclusion of Neurodiversity in Schools (PINS) project	Same Day Access – City, County Rutland
Vaccination communications HPV	Co-produced CYP Evaluation framework for new digital tech / apps / platforms	Transitions to adult service – Physical and Mental Health
	Strengthening LPT's Youth Advisory Board and UHL's Youth Forum influence in the ICB	



Young Voices on Healthcare

Download the full Report of Findings and watch the video



<https://leicesterleicestershireandrutland.icb.nhs.uk/be-involved/young-voices-on-healthcare/>



Delivery Plan: Year 1 (subject to change)

Year 1			
Task	Method of delivery	Outcome measure	Delivery Priorities
NHS CYP Voice and Participation Network - Mapping	Desk based research	Network database created	CYPF Voice
SEND: PINS: Lundy Training for schools	Webinar	Attendance and feedback	CYPF Voice
Offer to more schools – Rolling two-year refresher course			
CYPF Engagement Policy	Co-production with young people	Policy created	CYPF Voice
Primary Care Engagement	Bespoke engagement with under 16's	Report of findings from CYP	
Same Day Access – City and County	Engagement activity	Report of findings	
Webinar to parents/carers.	LLR wide Webinar	Attendance and feedback	Prevention / Digital
1. Sleep	Co-production	Content created	
2. Screen Demic			
3. Physical exercise			
Sleep Information into easy read version			
CYP: Vaccination communications HPV	Co-produced with young people	Content created. Uptake figures	Prevention / CYPF Voice / influencing service / Digital
MH Transitioning to adult services	Co-produced with young people	Improved pathway. 12-month patient feedback	Influencing services
'What You saying?' You said, we did	Event	Feedback from young people	CYPF Voice, Influencing services, Prevention
Digital: Create CYP evaluation framework of digital tech / apps / platforms	Co-production – CYP, NHS digital, Private sector	Framework	CYPF Voice, Influencing services
Reactive engagement work			
Year 1 evaluation	End of Year Report		

Delivery Plan: Year 2

Year 2 - Expanding and deepening impact

Task	Method of delivery	Outcome measure	Delivery Priorities
NHS CYP Voice and Participation Network – 4 meetings	Meetings	Attendance, and action log	CYPF Voice
Lundy Training for schools continued	Webinar	Attendance and feedback	CYPF Voice
CYP training on how to engage CYP – built upon the work done to understand CYP, MH stigma	Co-produce with Youth forums, and VCSE	Training resource produced.	CYPF Voice, Improving services
CYP / MH Transitioning to adult services. Reviewing of framework	Young inspectors review transitions	Report of findings	CYPF Voice, Improving services,
VCSE Pipeline Development:	Establish Youth Advisory Boards within local Voluntary, Community, and Social Enterprise (VCSE) hubs and schools to strengthen youth engagement.	Establishment of at least three Youth Advisory Boards in local VCSE hubs and schools. – one in each of LLR	CYPF Voice, Improving services,
Digital – review CYP digital framework	Applying it to digital tools	CYPF evaluation report on digital tools	Digital
Develop health literacy in pre-school, primary and secondary school			Prevention
CYPF Voice Reporting Mechanism:	Develop and implement a clear structure for reporting CYP feedback into the ICB Governance framework.	Strategy presented to senior team	CYPF Voice, Improving services
Reactive engagement work			
Year 2 Evaluation	End of Year report	Submitted to ICB Board and LLR HWB	

Delivery Plan: Year 3

Year 3 - Sustainability			
Task	Method of delivery	Outcome measure	Delivery Priorities
Scaling CYP Awareness training	Extend and embed training across all relevant sectors.	Webinar and face to face training. LPT, UHL, ICB, LA - LLR	CYPF Voice, Improving services
Establish clear CYPF Voice reporting mechanism into the ICB Governance structure		Start producing reports for ICB Governance. Co-produced by CYP	CYPF Voice, Improving services
VCSE Pipeline			
Strengthened mental health frameworks with improved access and support for CYP.			
CYP / MH Transitioning to adult services. Reviewing of framework	Young inspectors review transitions	Report of findings	CYPF Voice, Improving services,
Primary Care Engagement	Bespoke engagement with under 16's	Report of findings from CYP	Influencing services
Reactive engagement work			
Year 3 Evaluation			